



Kayak In Northern California
(KayakINC.org)

Kayaking Class Information

Please use this as a checklist for the trip.

Class: _____.

Time: Please be prompt and *ready to go* at _____.

Location: 1) _____ or 2) Chico Park and Ride (east of Hwys 99 and 32). After meeting, we will load gear and organize a shuttle (please bring gas money for drivers!).

We paddle rain or shine (extreme weather may cancel).

What to bring:

We can supply paddling equipment such as boats, paddles, and splash jackets.

- Please bring clothing layers appropriate for your comfort, weather, and water conditions:
 - Inner layer (or rash guard) that dries fast and keeps you warm when wet (synthetic fabrics, such as polypropylene, polyester, fleece, or wool, no cotton!). This can be a long sleeve T-shirt, shorts, and bathing suit, warm hat, and watershoes or booties.
 - Insulation layer (depends on class, season, and condition, usually optional for beginner classes): wetsuit. Wetsuits and booties rentals are available at Adventure Outings (CSUC) for \$8/day (417 Cherry Street, 530-898-5034).
 - Wind and Water Protection: A splash layer such as nylon rainjacket, splash jacket or dry-top/bottoms.
- Water.
- Hat (for sun), Sunglasses (and something to attach them to you), Sunscreen/lip balm
- Dry clothes to change into.
- Food for lunch or snacks.

Questions?

Please contact Dan Efseaff (519-6301) if you have any questions or special needs. See you on the water!

Directions: